

USAKFS SUMMER CAMP 2013

**A summer filled with action,
academics, fun and adventure**

The USA Kung Fu Studio Kung Fu & Academic Summer Camp is a series of goal-oriented courses offering students a range of activities to keep their mind and body fit. Campers will have the opportunity to improve their academic skills, learn the fundamentals of Kung Fu and have fun! This camp is the most fun and effective way to keep your child's brain and body stimulated during the summer when schools are out; best of all, you don't have to send them away!

(All campers are recommended for ages 5 to 13)

**NO PRIOR TRAINING
REQUIRED**



USA Kung Fu Studio
1828 Park Street, Alameda, CA 94501
510-846-3908 or 510-769-8018
www.usakungfustudio.com

Fee Schedule

Each Session: Mon-Fri 9:00AM to 3:00PM, \$575 for one 2-WEEK session (\$550 each for more than one 2-WEEK session). You may sign students up for one week of any session for \$300.

***5% off for current USAKFS members**

***Siblings receive a 10% discount**

*\$100 deposit required per session at time of registration.

*Final payment due when session reaches minimum enrollment (6).

Early Bird Special

Reserve your spot and pay for camp by 3/31 and receive an extra \$25 off per week

RELEASE FORM

Student Name: _____ Age: _____

Grade Completed: _____

Parent Name: _____

Tel #: _____

Session(s)

- 6/10-6/21 Fundamentals of Nunchaku
- 6/24-6/28 Fundamentals of Kung Fu
- 7/15-7/26 Gymnastics for Martial Arts
- 8/12-8/23 Fundamentals of Staff

(One week camper only)

___ week of ___ ___ week of ___

___ week of ___ ___ week of ___

Total Amount: \$ _____

Before and After Care

Before and After Care available M-F (8-9 AM) and/or M-F (3-5:30 PM) for \$70 per week or \$140 per session

Early Drop off at _____

Late Pick Up At _____

Emergency Contact: _____

Tel #: _____

I, the undersigned do hereby release USA Kung Fu Studio, Inc. and any other persons associated with the Kung Fu Summer Camp in any capacity from any liability arising out of injuries or accidents etc. that may occur to my son or daughter as a result of my attendance and/or participation at these events.

Additionally, I am fully aware of my child's personal medical condition and hereby certify that he/she is mentally and physically fit to participate in the Kung Fu Summer Camp. I also understand and agree that USA Kung Fu Studio has the right to dismiss any student from Camp due to inappropriate behavior, which they may deem to be unsafe both to the student, other Kung Fu campers and USAKFS staff. **I also understand that all monies paid to USAKFS are NON-Refundable under any circumstances including camp dismissal.**

(Signature of Participant)

(Signature of Parent or Legal Guardian)

Date: _____

Alternate Pick up: _____

Relationship: _____

**** Alternates **must** bring a **valid ID** and present it during time of pickup. ****

What Do We Do

Kung Fu: Each session provides different camp themes. Our classes will help your child achieve his or her best. Emphasis is on motor skills, self-esteem, self-control and self-defense using non-violent conflict resolutions. *No prior training required.**

Academics: Minimum 5 hours per week academic instruction. Keep math, reading, writing skills sharp throughout the summer and return to school in the fall ahead of other students! In addition, students will learn creative arts & crafts.

Activities: Games, art and outdoor play.

Session 1 Fundamentals of Nunchaku (6/10/13 – 6/21/13)

Nunchaku, also known as chain sticks, is a short-range weapon that consists of two sticks connected at their ends with chain or rope. It was made famous by Bruce Lee in his movies. Aside from being easy to carry, it is a very versatile weapon, which can be used to defend against most any weapon.

Session 2 Fundamentals of Kung Fu (6/24/13 – 6/28/2013)

Our only one week camp

Fundamentals of Kung Fu is a wonderful opportunity for students of all levels to gain in-depth knowledge of their current set and learn new materials. In this program students will begin by reviewing basic Kung Fu techniques to improve overall proficiency.

Session 3 Gymnastics and Conditioning for Martial Arts (7/15/113– 7/26/13)

Our newest camp! Students must have prior experience of gymnastics or martial arts. This session will focus on helping students develop their skills for Kip ups, cartwheels and aerial stunts. It is recommended that students be 7 years and above as they will be required to work on conditioning exercises independently while Sifu is working with individual students. If students are under 7 years, they will need to be evaluated prior to camp.



Session 4 Fundamentals of Staff (Stick) (8/12/13 – 8/23/13)

Staff is most famous for its practicality and effectiveness. It is said to be the father of all weapons. About 70% of staff techniques overlap with those of other long weapons, including spear, long handled sword, etc. It is known as one of the best defense weapons, for it is easy to obtain and use.

**Registration Deadline 5/30/2013
SPACE IS VERY LIMITED!
Only 18 students per session.
Sign up Now!**

Things To Remember

Campers should bring comfortable clothing, a lunch, snacks, and a water bottle. The doors will open at 8:45am. Please do not drop off your children prior to this time. Campers need to be picked up no later than 3:15pm. Parents will be charged a child-sitting fee of \$10 per child for every 5 minutes past the stated time.

Also accepting registration for our 2013-2014 after school care and enrichment program

For more information, please contact Helene Onaga at 510-846-3908 or email her at helene@usakungfustudio.com